

Student Self-Referral Form for Mental Health and Counseling Support

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Are you a special education student? Yes No

How urgent is your request for counseling?

- Not at all
- Somewhat
- Very

- Not at all
- Somewhat
- Very

BEHAVIORS

- I have thoughts of harming myself or others
- I have thoughts of suicide
- I have thoughts of self-harm

- Not at all
- Somewhat
- Very

- Not at all
- Somewhat
- Very

Other behaviors: